Seeking Help for Heroin/Opioids Addiction

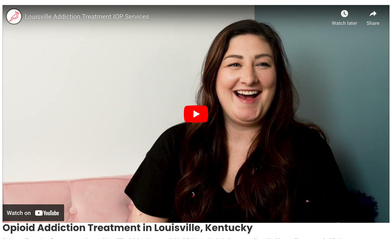
by Louisville Addiction Treatment Center | Apr 30, 2023

Addiction can be a challenging and isolating struggle, but it is important to remember that you are not alone. If you are seeking addiction treatment in Louisville, Kentucky, there is hope.

Opioids are a group of drugs often prescribed to reduce or manage pain. There are different types of opioids from prescription ones such as Oxycodone (sold as Percocet) to illegal ones e.g. heroin. Unfortunately, these drugs are highly addictive and even the ones taken on prescription can end up causing tolerance and dependence.

To understand why opioids lead to addiction, you first need to understand how they work. These drugs attach themselves to the opioid receptors in the brain and suppress pain. They also trigger the release of endorphins, which induce a sense of euphoria and produce a high. As the individual keeps taking opioids, the body develops tolerance, leading them to keep increasing the dosage to achieve the same high. This, in turn, increases the risk of overdose deaths.

If you're struggling with addiction to heroin or opioids, it can seem like you'll never overcome the hold they have on you. However, with the right care and assistance, you can turn your life around.



Opioid Addiction Treatment in Louisville, Kentucky

At Impact Outpatient Program, we understand how difficult it is to beat an opioid addiction, and to help those struggling with this, we offer a range of addiction treatment programs. Upon admission to our rehab facility, we'll first conduct an assessment to determine the seriousness of your addiction as well as your recovery goals. We'll then use those goals to craft an individualized treatment plan to guide your recovery.

Before admission to any of our treatment programs, you'll need to undergo detox. This is a process through which your body eliminates toxins and other substances left behind by drugs. Detox often triggers withdrawal symptoms and we recommend doing it under medical supervision to ensure any complications are dealt with professionally.

After detox, you can proceed to one of our treatment programs. The opioid addiction treatment services we provide in Kentucky include:

Rehab treatment

We provide partial hospitalization, intensive outpatient treatment, and outpatient treatment programs for those struggling with opioid addiction. All these utilize psychotherapy in individual and group counseling as well as cognitive behavioral therapy to help individuals better understand their addiction and make the necessary changes for recovery.

Dual diagnosis

As part of treatment, you'll be assessed for any underlying mental health disorders such as depression or anxiety that might contribute to your addiction. It's important to treat these disorders in tandem with addiction to assure long-lasting sobriety and recovery.

Telehealth services

We strive to make treatment accessible and convenient for all our clients. To that end, we offer virtual telemedicine sessions where clients can attend their therapy sessions online. This helps ensure that you can keep up with your treatment regardless of where you are, making it convenient if you can't make it for the in-person sessions. Left unchecked, opioid addiction can ruin your life. Don't let it get to that point. Get in touch with Impact Outpatient Treatment today to receive the help you need for lasting, sustainable recovery.

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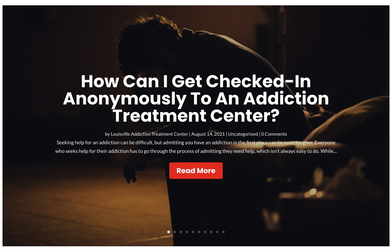

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IMPACT OUTPATIENT PROGRAM

Impact Outpatient Program is an intensive intensive outpatient program for substance abuse and co-occurring disorders, located just outside metro Louisville, in Mount Washington, Kentucky.

Get In Touch

Mount Washington, Kentucky

(502) 912-1038

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Women
Professionals
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College Students
Veterans

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Bowling Green, KY
Lexington, KY
Louisville, KY
Richmond, KY

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Alcohol
Opioid
Meth
Cocaine
Heroin
Buxus
Oxycodone
Percocet
Xanax

Therapies

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