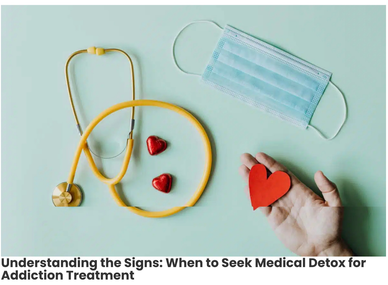


Understanding the Signs: When to Seek Medical Detox for Addiction Treatment

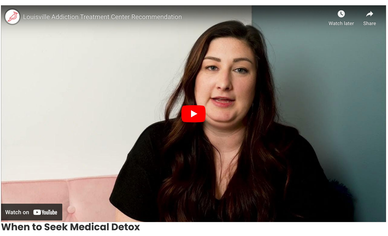
by Louisville Addiction Treatment Center | Apr 26, 2023

Addiction can be a challenging and isolating struggle, but it is important to remember that you are not alone. If you are seeking addiction treatment in Louisville, Kentucky, there is hope.

Addiction is a disease that can ruin your relationships and career as well as your physical and emotional health. Although quitting cold turkey may seem tempting, it is important to seek professional addiction treatment services if you want to conquer addiction.

Depending on the substance you've been using and the duration of substance use, you may be at risk of experiencing withdrawal symptoms that may range from mild to severe.

To help you cope with these symptoms, it's advisable to go for a medical detox. Detox is the natural process through which your body eliminates harmful toxins and doing this under medical supervision can help you manage withdrawal symptoms.



When to Seek Medical Detox

Here are a few signs that indicate it's time to seek medical detox:

You're experiencing withdrawal symptoms

Some withdrawal symptoms e.g., delirium tremens from alcohol dependence are serious enough to be life-threatening. The best way to prevent them from adversely affecting your health is by going for medical detox where doctors will be on hand to help should any complications arise.

You've developed tolerance to alcohol or drugs

If you notice yourself taking more alcohol or drugs to achieve the same effect produced by lower doses, it may be time for a medical detox. This is because the more tolerant and dependent you are on a substance, the worse your withdrawal symptoms are likely to be.

You're experiencing intense cravings

Reducing or stopping the use of certain substances may trigger intense cravings that may tempt you to relapse. Undergoing medical detox may be useful in this case as you may be given certain medications to help curb the cravings.

You've relapsed before

Maybe you've tried quitting alcohol or drugs unsuccessfully before and you'd like to give it another try. Medical detox at a detox treatment facility may be your best chance of avoiding relapse. Medically supervised detox will help you manage any withdrawal symptoms or cravings that may have contributed to your previous relapse.

You have other underlying medical issues

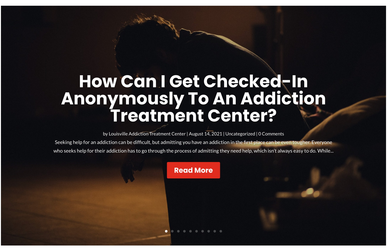
If you have other medical issues such as hypertension, heart disease, diabetes or even mental health disorders, medical detox may be the safest way for you to wean yourself off drugs and alcohol. Detoxing under medical supervision gives you peace of mind since your health and vitals will be monitored throughout the process.

Get Addiction Treatment Today

If you or your loved one is looking for addiction treatment in Kentucky, Impact Outpatient Program is here to help. We offer addiction treatment programs including outpatient drug rehab and intensive outpatient care that are based on personalized recovery goals. We aim to make addiction treatment affordable and available to all who need it. That's why we also provide virtual telemedicine sessions for those who can't attend physical therapy treatment.

Get in touch with us today and we'll guide you through your recovery journey.

Our Latest Posts



Our Video's

IMPACT OUTPATIENT PROGRAM

Impact Outpatient Program is an intensive, intensive outpatient program for substance abuse and co-occurring disorders, located just outside metro Louisville, in Mount Washington, Kentucky.

Get In Touch

Mount Washington, Kentucky

(502) 912-1038

WE WORK WITH MOST INSURANCE

Verify My Insurance