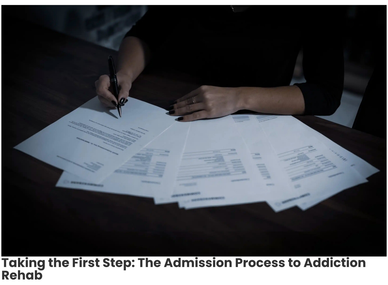

Taking the First Step: The Admission Process to Addiction Rehab

by Louisville Addiction Treatment Center | Oct 26, 2023

Addiction can be a challenging and isolating struggle, but it is important to remember that you are not alone. If you are seeking addiction treatment in Louisville, Kentucky, there is hope.

Admitting that you have a problem with addiction and you need help is the first step to recovery. It's a pivotal moment that marks the start of a lifelong journey. The next step is to find a suitable rehab facility to guide you on that journey.

Admission to a rehab facility should be celebrated. You're finally on the way to getting better and rebuilding your life. But what does the admission process to addiction rehab involve?

Choosing the Right Treatment Center

Before you can get admitted, you first need to do your due diligence to find the right treatment center. Different rehab facilities offer various treatment approaches from inpatient to outpatient programs, partial hospitalization and intensive outpatient programs. Others may only specialize in a different type of addiction than the one you're struggling with. You also want to consider the location, staff qualifications, treatment modalities and available resources when making your choice.

Assessment and Evaluation

Once you arrive at the selected facility, you'll normally have to undergo an assessment or evaluation. This is where professionals including addiction counselors, physicians, etc., assess your addiction and overall health. They'll want to know your personal history, the duration of substance use, your medical history and any co-occurring mental health conditions. This evaluation helps determine the appropriate level of care you'll need.

The assessment is also invaluable in helping to develop a customized treatment plan tailored to your unique needs and recovery goals. This plan will guide the course of treatment.

Insurance Verification

The financial aspect and cost of treatment are normally a concern for many individuals. This is why you need to verify that your insurance will cover the cost of treatment. If not, you need to be sure of what they'll cover and what costs you need to meet yourself to properly plan and budget for your treatment. Treatment centers such as Impact Outpatient Program have insurance specialists who can help determine what's covered and what out-of-pocket expenses may be incurred.

Pre-Admission Medical Assessment

Before admission, you may have to undergo a medical assessment to ensure you're physically fit for treatment. This is because some substances such as opioids and alcohol can cause serious withdrawal symptoms that may require medical supervision. A pre-admission assessment will help the treatment center plan for any potential issues and provide appropriate care.

Admission and Orientation

Once you're done with the steps above, you are admitted to the rehab center. To help you become acclimated to your new environment, you'll be given an orientation where you'll be introduced to the facility, its rules and your treatment schedule.

Embrace an Addiction-Free Future Today

We at Impact Outpatient Program are committed to helping as many people as possible to receive the help they need to beat addiction. This is why we have a simplified admissions process and also offer telehealth sessions for our clients' convenience.

Reach out to us today to get started on your recovery journey.

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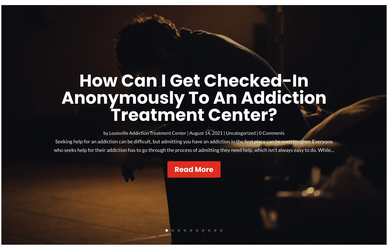

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IMPACT OUTPATIENT PROGRAM

Impact Outpatient Program is an innovative intensive outpatient program for substance abuse and co-occurring disorders, located just outside metro Louisville, in Mount Washington, Kentucky.

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- Lexington, KY
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- Alcohol
- Opioid
- Meth
- Cocaine
- Heroin
- Benzo
- Oxycodone
- Percocet
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Therapies

- Medication-Assisted
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